



At Party Central Fitness, the safety and well-being of our participants, instructors, and staff are paramount. This policy outlines our commitment to maintaining a safe environment and preventing any potential harm, abuse, or neglect within our programs and facilities.

1. Definition of Safeguarding

Safeguarding refers to the measures taken to protect individuals, particularly those who may be vulnerable, from harm, abuse, neglect, or exploitation.

2. Responsibilities

- Management: Our management team is responsible for creating and implementing policies, procedures, and practices that ensure the safety and protection of everyone associated with Party Central Fitness.
- Instructors and Staff: Instructors and staff members are responsible for adhering to the safeguarding policies, being vigilant for signs of potential harm, and reporting any concerns or incidents immediately.

3. Prevention Measures

- Recruitment and Training: We conduct thorough background checks on all instructors and staff to ensure their suitability for working with vulnerable individuals. Our team also receives training on safeguarding procedures, recognizing signs of abuse, and appropriate reporting.
- Participant and Staff Conduct: We maintain a code of conduct that outlines expected behaviour for all participants, instructors, and staff. Any behaviour that jeopardizes the well-being of others will not be tolerated.

4. Reporting Procedures

- Any concerns, suspicions, or incidents related to potential harm or abuse must be reported to the designated safeguarding officer immediately.
- The designated safeguarding officer will assess the situation, initiate any necessary actions, and follow the appropriate reporting procedures in accordance with legal and regulatory requirements.



5. Confidentiality

All information related to safeguarding concerns will be treated with the utmost confidentiality, shared only with those who need to be informed in order to address the situation effectively.

6. Support and Referral

We will provide support to individuals who may be affected by safeguarding concerns and, where necessary, facilitate referrals to appropriate external agencies.

7. Communication

We are committed to open and transparent communication with participants, parents/guardians (if applicable), and relevant authorities in cases of suspected harm or abuse.

8. Prevention Education

We will provide education and resources to our instructors, staff, and participants about safeguarding measures, recognizing signs of potential harm, and how to report concerns.

9. Continuous Review

We will regularly review and update our safeguarding policies and procedures to ensure they are aligned with best practices and current legal requirements.

10. Reporting Contact

For reporting safeguarding concerns, please contact our designated safeguarding officer at the following email address: partycentralfitness1@gmail.com.

By adhering to this Safeguarding and Prevention Policy, we aim to create a safe and secure environment where all individuals can enjoy our programs and facilities without fear of harm or abuse. The well-being of our participants, instructors, and staff remains our top priority at Party Central Fitness.